

NIGHT SHIFT

Trigger Warning Report
(Sorted by theme)

Contains strong language

General trigger warnings: descriptions of death, depictions of medical emergencies and hospital settings, drug use, mental ill health, depictions of audism and ableism

Whilst great care has been taken to ensure these timings are accurate, due to the nature of live theatre they may be subject to slight variation with each performance.

References to audism / ableism

09:50	Reference to audism	<i>Dominic waves to get his attention, acting like he's a hearing person / "A... B... is it C?"</i>
14:45	Reference to institutional audism	"I wanted to get them to make [BSL] compulsory in schools, but I was voted down"
16:50	Reference to audism / ableism	"I'm not your interpreter"
48:00	Depiction of audism / ableism	<i>Stoner does crude / offensive impression of sign language</i>
55:10 – 55:36	Allusion to ableism	<i>Marissa is outside the car with her wheelchair. Dominic jumps out to help. Marissa stops him – she knows how to deal with her own wheelchair</i>
01:07:07	Depiction of inaccessibility / anxiety	"Can you repeat that?"
INTERVAL		
22:28 – 23:15	Discussion of workplace audism / ableism	"Did you tell them you were deaf?" to "I couldn't catch everything being said"

Strong language

07:40	Strong language	"Dickhead"
15:52	Strong language	"They f*ck us over again"
17:13	Strong language	"You should see some of the dickheads I pick up"
23:49	Strong language	"That sh*t"
37:30	Strong language	"Of f**k off"
01:09:13	Strong language	"F*cking rain"
01:10:07	Strong language / reference to drug use	"Un-f*cked might help"
01:13:00	Strong language	"Not dicks"
01:14:59	Strong language	"F*cks sake"
01:19:24	Strong language	"It's been a sh*t night, sh*t month"
01:21:37	Strong language / raised voice	<i>(in French)</i> "Oh my god what do you want me to tell you?" to "make a f*cking decision"
01:24:33	Strong language / reference to institutional corruption	"It's cos of him and his fraudulent mates we're in this sh*t"
01:26:14	Strong language	"I'm not a f*cking saint"
01:26:28	Strong language	"I wouldn't be a f*cking surgeon"
01:27:37	Strong language	"What the f*ck's the point"
01:27:51	Strong language / One shout (aggravated)	"Stop f*cking filming me"
INTERVAL		
26:22	Strong language	"Oh f*ck"
27:09	Strong language	"Answer that f*cking thing please"

References to death / dying

32:37 – 32:52	Description of death / possible suicide	“There’s a body... in front of the train” to “Are they breathing?”
33:06	Reference to death / medical emergency	“When people’s lives are at stake you can be the difference between someone surviving and... well, and them not”
33:42 – 33:53	Reference to death / possible suicide	“Freight, what?” to “Nothing to be done now”
59:30 – 59:40	Depiction of car crash (through movement sequence)	“Driving, and the app, it’s shouting the turns...” to end of scene
01:00:00 – 01:01:35	Depiction of surgery / medical emergency	<i>KAMRAN, DOCTOR and ANAETHETIST perform surgery on Jaye</i>
01:03:25 – 01:03:56	Depiction of medical emergency / CPR	<i>Jaye is in trouble ... They have to shock ...</i>
INTERVAL		
03:23 – 04:38	Discussion of trauma / death / guilt	“I think about, if my train had been on time” to “I called and...well he died”
05:36	Reference to death / grief	“It was a life on our track. A human person”
15:15	Allusion to death	“I really don’t want life to end in here”
28:10 – 29:15	Depiction of drowning (Visual Vernacular)	
31:50	Allusion to death / funeral	<i>Company carry ladder across the stage – similar to pallbearing</i>
40:00	Allusion to death	Movement sequence with Jaye

References to medical emergency / medical settings

30:50	Allusion to medical emergency / trauma	"I had to use your service actually. Quite recently it was"
31:15	Allusion to medical emergency / trauma	"It... didn't go well to be honest"
31:55 – 33:00	Simulated emergency services call	"What's your emergency" to "Check if they're breathing for me and tell me if there's any change"
33:06	Reference to death / medical emergency	"When people's lives are at stake you can be the difference between someone surviving and... well, and them not"
01:00:00 – 01:01:35	Depiction of surgery / medical emergency	<i>KAMRAN, DOCTOR and ANAETHETIST perform surgery on Jaye</i>
01:03:25 – 01:03:56	Depiction of medical emergency / CPR	<i>Jaye is in trouble ... They have to shock ...</i>
01:06:22 – 01:07:07	Depiction of emergency calls / emergency dispatch	
01:09:25 – 01:10:01	Discussion of medical emergency	"She's critical" to "I don't know exact details"
01:11:10	Reference to medical emergency	"Your cousin's critical"
01:19:24	Strong language / Reference to medical emergency / trauma	"I just witnessed a f*cking car crash"
01:23:24 – 01:23:55	Depiction of emergency calls / scenarios	"Breathe" / "Stay calm" to "I can't do this"

Interpersonal Relationships / Intimacy

24:44 – 26:30	Depiction of intimacy / sex (consensual / not explicit)	<i>Beginning of Scene 9 – through movement sequence</i>
26:30	Depiction of infidelity / conflict	<i>As Sean enters the room he sees... SOULMATE immediately springs away from LOVER</i>
28:53 – 29:34	Allusion to missing a parent or child / absent parenthood	“Hey lovely” ... “Love you. Love you.”
38:40	Suggestion of infidelity	“What are you doing?”
39:07	Suggestion of absent parenthood / emotional neglect	“The kids aren’t here” to “I’m sorry our children are low priority”
39:20	Suggestion of infidelity	“What is it with you and your assistant?”
01:16:17	Allusion to sex / sexual advances (non-threatening)	“Customer’s late at night sometimes suggest things” / “That sounds creepy”
INTERVAL		
06:44	One hug (consensual, emotive)	
14:50 – 15:10	Reference to complicated family relationships	“Sorry we’ve not seen you more” to “I can’t believe this night”
18:48	Strong language / reference to complicated family relationships	“F*cking hell you wonder why I’m not in touch with either of you”
27:10	Description of absent partner / mental illness / emotional neglect	“It doesn’t matter where you are, you aren’t there” to “I can’t waste anymore time waiting... we cant”
30:49 – 31:29	Discussion of infidelity	“I want to talk to you first” to “I can’t forgive you. I can’t”

References to mental illness / trauma

19:09	Allusion to dissociation	"Some nights I still feel like I've landed in some parallel planet"
39:46	Reference to mental illness (depression)	"I know I can't take any more of you being this miserable"
41:21	Reference to mental illness (depression)	"It's no good for anyone you being miserable"
42:00	Depiction of grief / trauma	<i>Helen crying over ready meal</i>
56:19	Reference to anxiety / panic	"I find decisions impossible"
01:18:00 – 01:19:06	Reference to loneliness / depressive mood	"No don't worry about how I'm feeling" ... "You don't have to say anything, just sit with me"
01:19:49	Allusion to depression	"Tonight I've sunk lower than low"
INTERVAL		
00:44	Reference to trauma	"We heard what happened, you're okay?"
00:56	Reference to trauma / mental health	"You aren't signed off?"
01:54	Reference to trauma / mental health	"Coming to help in this mess if you're signed off, this rings bells"
02:25 – 02:37	Description of trauma / PTSD	"I don't like nights at home" to "I just need tiring out"
03:23 – 04:38	Discussion of trauma / death / guilt	"I think about, if my train had been on time" to "I called and...well he died"
05:52	Reference to mental health / support	"I can be company, I can speak with you over coffees, I can help if you know what you need"
26:40 – 26:50	Discussion of mental illness (depression)	"This is depression" / "I'm not depressed" / "See someone so we can write it off then?"
38:37	Allusion to mental illness (depression) / cost of living	"There's never time when you're working and trying to get by"

Miscellaneous

03:39	Refence to binge eating	"Couldn't stuff down enough of it"
04:15	Reference to fire/flame	"Couldn't wait to get hold of our sparklers"
04:50	Suggestion of threat	"Only hope I don't run into any idiots, cos you never know what's gonna happen"
05:04	Suggestion of threat of physical violence	"Seriously aggressive customers"
12:28	Allusion to current events	"What's up?" / "Just the World"
15:45	Description of current political climate / corruption	"I voted before and nothing changed ... Look at this guy, you really expect him to do anything?"
16:30	Reference to violence (stranger on stranger)	"more safety at night"
17:12	Suggestion of threat	"Every trip's a risk"
17:24	Allusion to current events	"What about The World"
18:30	Sudden blackout	After "yeah, yeah, you won't change me"
19:56 – 20:02	Reference to failed ambition / unfulfilled dreams	"I was gonna be a doctor" ... "Just didn't happen"
23:00 – 23:55	Depiction of drunkenness / alcohol consumption	<i>A watching couple pester as she prepares and starts to sing</i>
40:23	Reference to institutional systems / current events	"The rotten apples have been plucked and chucked..."
44:15	Shouting (non aggressive)	"There's nowhere for me to be"
47:79	Verbal / physical aggression	"Come on mate it was just a quick puff"
48:30 – 48:48	Discussion of austerity / cost of living crisis	"No I'm not good" to "I'm always careful. I have to be"
49:32	Mimed depiction of illicit substance use	<i>Jaye takes out a tiny bag of powder (speed), she licks a finger, dips in in and dabs some on her gum</i>
50:15 – 52:37	Horror story told through BSL	<i>The group screams once at 52:37</i>

52:35	Simulated smoking	
55:57 – 56:12	Reference to failed ambition / unfulfilled dreams	“Have you ever not made a decision because you think you might regret...” to “I have to decide where I’m going before I go home again”
57:15	Reference to failed ambition / unfulfilled dreams	<i>Sung by Marissa</i> “I know where I’m supposed to be, but I’ve left it too late”
01:02:32	Refence to binge eating	“Couldn’t stuff down enough of it”
01:03:02	Reference to fire/flame	“Couldn’t wait to get hold of our sparklers”
01:10:07	Strong language / reference to drug use	“Un-f*cked might help”
01:11:58	Allusion to drug taking	“Not in this state”
01:13:10	Allusion to drug taking / alcohol consumption	“Get messed up”
01:14:54	Reference to alcohol consumption	“I might have a drink since I’m here”
01:15:09	Reference to alcohol consumption	“One drink and I’ll call Bug”
01:15:44	Reference to smoking	“Yeah just some green skins and a packet of filters ta”
01:16:35	One Shout (aggravated)	“Get out”
01:18:36	Allusion to compulsive spending	“I can’t keep ordering ridiculous crap I don’t need”
01:19:40	Reference to alcohol consumption	“D’you need a drink?” / “I’d love a vodka shot”
01:19:54	Simulated alcohol consumption	<i>Nervy Server gets her shot, Marissa drinks it down</i>
01:20:08	Reference to alcohol consumption	“I think I’ve had enough” / “Shots?”
01:22:40	Sounds of fireworks (recorded)	
01:24:11	Lightning (projection)	
01:24:33	Reference to institutional corruption	“It’s cos of him and his fraudulent mates we’re in this sh*t”
01:24:44	Threat / reference to criminality	“You should be in a police cell”

01:25:22	Reference to Covid / current events	"with the pandemic" ... "our services are dying" ... "war"
01:27:51	One shout (aggravated)	"Stop f*cking filming me"
INTERVAL		
04:51 – 05:30	Discussion of protest / Allusion to current events	"A banner, I think he was maybe coming from a march" to "I didn't know what to do"
08:50	Reference to flooding	"I had to abandon my car. At one point it was like I was floating"
11:35	Images of flood (projection)	
12:33	Simulated smoking / alcohol consumption	
16:35	Reference to failed ambition / unfulfilled dreams	"I can't believe you work here" / "Why?" / "You were doing well before"
17:18	Reference to food / binge eating	"Love food" / "Love eating"
20:12	Allusion to restrictive eating	"Haven't thought once about food"
20:20	Allusion to restrictive eating	"Anything you don't eat?"
21:26 – 21:28	Reference to failure / anxiety	"I couldn't cut it" / "You can't be scared doing a job like that"
22:02	Reference to failure	"I let myself down big time. I let a call go"
25:14	Flashing light (blue light, six flashes)	
28:10	Flashing light (blue light, six flashes)	
33:44 – 34:28	Allusion to current events / protest (projection on banner)	<i>THERE IS NOTHING I CAN PUT ON A BANNER TO MAKE CHANGE EXCEPT – I NEED YOU</i>
35:07	Simulated alcohol consumption	"Free one tonight"